

# QUICK START GUIDE\*



## ASSEMBLY

- Place Cooking Pot into the Heating Base.
- Place Lid onto Multi-Cooker, and align ▼ with 🔒. To lock, twist counterclockwise, aligning ▼ with 🔒.

\* This Quick Start Guide is not meant to replace your Owner's Guide. Please read the Owner's Guide thoroughly before using the Quick Start Guide.

# HOW TO USE YOUR EXPRESS CROCK

1. Add ingredients to the Cooking Pot and secure the Lid.
2. Press the function you would like to use.
3. Adjust Temperature and/or Pressure, if needed.
4. Use the Time Selection Buttons to set the desired cook time.
5. Rotate the Steam Release Valve into the position needed for the chosen function (see chart).
6. Press **START/STOP**.
7. Once cooking is complete, wait at least 10 minutes, allowing pressure to release naturally.
8. Use a kitchen utensil to rotate the Steam Release Valve into the "Release" 🌀 position.

| FUNCTION     | PRESSURE COOK | LID REQUIRED        | STEAM RELEASE VALVE POSITION |
|--------------|---------------|---------------------|------------------------------|
| MEAT/STEW    | Yes           | Yes                 | Seal                         |
| BEANS/CHILI  | Yes           | Yes                 | Seal                         |
| RICE/RISOTTO | Yes           | Yes                 | Seal                         |
| YOGURT       | No            | Yes (in some steps) | Release                      |
| POULTRY      | Yes           | Yes                 | Seal                         |
| DESSERT      | Yes           | Yes                 | Seal                         |
| SOUP         | Yes           | Yes                 | Seal                         |
| MULTIGRAIN   | Yes           | Yes                 | Seal                         |
| SLOW COOK    | No            | Yes                 | Release                      |
| BROWN/SAUTÉ  | No            | No                  | Do not use Lid               |
| STEAM        | Yes           | Yes                 | Seal                         |



## DELAY TIMER

If you want your Express Crock to start cooking later, use the **DELAY TIMER** function, and select the amount of time you want your Multi-Cooker to wait before beginning the cooking cycle (not available on **BROWN/SAUTÉ**, **KEEP WARM**, or **YOGURT** settings).